

LAHS TRACK FIELD GIRLS VARSITY RECORDS

event	athlete(s)	mark	year
100 METERS	LITA ECHAVE	11.66	1995
200 METERS	ANN TRELLA	24.8	1982
400 METERS	LITA ECHAVE	57.33	1995
800 METERS	KRISTEN HEMPHILL	2:16.80	2003
1600 METERS	KRISTEN HEMPHILL	5:08.18	2004
3200 METERS	KRISTEN HEMPHILL	11:05.40	2003
100M HURDLES	ROSALYN LEITCH	14.81	2005
300M HURDLES	JANA GIESLER	46.4	1991
400M RELAY	P GROVES, J PATE, C CHAVEZ, A TRELLA	48.72	1983
800M RELAY	L LABADOUR, P GROVES, J PATE, A TRELLA	1:43.03	1981
1600M MEDLEY	K MEIER, A REID, M SANDOVAL, K HEMPHILL	4:15.68	2003
1600M RELAY	A VIGIL, C ARMBRUSTER S RADZINSKI, L ECHAVE	4:02.63	1995
SHOT PUT	MARA BEVERWYK	40'11"	1988
DISCUS	CAROL CADY	151'0"	1980
LONG JUMP	VICKI ROJAS	17'4"	1983
HIGH JUMP	JANA GIESLER	5'10.5"	1991
TRIPLE JUMP	CHRISTINA GONZALES	36'2.5"*	2000
POLE VAULT	CARMEN HILL	11'6"*	2004
JAVELIN	TAYLOR EALEY	133'4"	2008
		*State Record	
3200M RELAY	A MILLER, B SOMERS, H WOOD, K HEMPHILL	9:36.73	2003
6400M RELAY	A MILLER, B SOMERS, H WOOD, K HEMPHILL	21:39.57	2003
400M HURDLE RELAY	K FRITZ, A PIERCE, S JONES, M CARTER	1:10.50	1987
SHOT PUT RELAY	M BEVERWYCK, T BEVERWYCK, J CROASDELL	93'6"	1988
DISCUS RELAY	K GRACE, R TELL, B TITUS	283'1"	1996
LONG JUMP RELAY	L LADABOUR, K TAYLOR, L LINDEMUTH	50'11"	1981
HIGH JUMP RELAY	J MELVIN, D FRITZ, S CARR	15'0"	1988
TRIPPLE JUMP RELAY	R.BOERIGTER, B.STOKES J SCHOONOVER	91'4"	2007
POLE VAULT RELAY	C MILLER, C HILL, L FELLERS	24'7"	2002
JAVELIN RELAY	L FELLERS, S RYAN,	250'2"	2002

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J SCHROEDER

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FRESHMAN GIRLS RECORDS

100 METERS	LITA ECHAVE	12.36	1992
200 METERS	LITA ECHAVE	25.53	1992
400 METERS	MADISON AHLERS	1:01.28	2008
800 METERS	JESSICA SWANSON & MARISA SANDOVAL	2:26.01	2002
	Kristen Hemphill	2:18.24-Split	2002
1600 METERS	KRISTEN HEMPHILL	5:20.45	2002
3200 METERS	KRISTEN HEMPHILL	11:21.71	2002
100M HURDLES	KATIE DESHARNAIS	16.70	1992
300M HURDLES	ANNE PIERCE	48.00	1986
400M RELAY	P MILLS, K MEIER	52.68	2000
	J SCHROEDER, K CHITANVIS		
800M RELAY	T.EALEY, K.STOKES, S.SHIMADA, E.WEEKS	1:51.09	2007
1600M MEDLEY	R LEITCH, L CHASTAIN, K HEMPHILL, S WOHLLETZ	4:32.62	2002
1600M RELAY	L CHANSTAIN, S WOHLLETZ, K HEMPHILL, R KRATZER	4:27.00	2002
SHOT PUT	TAYLOR EALEY	31'7"	2007
DISCUS	KRISTEN GRACE	107'0"	1993
LONG JUMP	EMILY WEEKS	16'7.25"	2007
HIGH JUMP	JANA GIESLER	5'2"	1989
TRIPLE JUMP	REBECCA BOERIGTER	31'7.75"	2005
POLE VAULT	MEGAN MILLER	9'6"	2003
JAVELIN	ALEX NICHOLS	109'4"	2007

SOPHOMORE GIRLS RECORDS

100 METERS	LITA ECHAVE	12.10	1993
200 METERS	LITA ECHAVE	25.40	1993
400 METERS	ALI BLUM	59.81	2005
800 METERS	KRISTEN HEMPHILL	2:17.91	2003
1600 METERS	KRISTEN HEMPHILL	5:11.92	2003
3200 METERS	KRISTEN HEMPHILL	11:05.40	2003
100M HURDLES	ROSALYN LEITCH	15.46	2003
300M HURDLES	RUTH KRATZER	47.00	2003
SHOT PUT	TAYLOR EALEY	34'7"	2008
DISCUS	KRISTEN GRACE	117'10"	1994
LONG JUMP	ROSALYN LEITCH	17'2.75"	2003
HIGH JUMP	JANA GIESLER	5'7"	1990
TRIPLE JUMP	ROSALYN LEITCH	34'8"	2003
POLE VAULT	CARMEN HILL	10'0"	2002
JAVELIN	TAYLOR EALEY	133'4"	2008

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****SEA LEVEL****

1600m

KRISTEN HEMHILL

4:58.99

2003