

Name	Mark	Year	Name	Mark	Year
100m			200m		
1 Lita Echave	11.66	'95	1 Anna Trela	24.8	'82
2 Ann Trela	11.8	'82	2 Michelle Carter	25.13	'87
3 Amanda Trujillo	11.88	08	3 Lita Echave	25.2	'95
4 Paige Mills	12.24	'01	4 Amanda Trujillo	25.74	08
5 Emily Weeks	12.25	08	5 Krista Meier	25.83	'03
6t Julie Davies	12.46	'99	6t Emi Weeks	26.04	08
6t Krista Meier	12.46	'03	6t Annie Vigil	26.05	'96
8 Ashley Reid	12.56	'05	8 Angie Smith	26.07	'88
9 N. Byrd	12.59	'93	9 Ashley Reid	26.07	'05
10 Amanda Jeffreys	12.7	'93	10 Julie Davies	26.23	'99
400m			800m		
1 Lita Echave	57.33	'95	1 Kristen Hemphill	2:16.80	'04
2 Krista Meier	59.15	'03	2 Claire Walker	2:17.92	'02
3 Shirlee Tan	59.4	'89	3 Anna Miller	2:20.13	'03
4 Annie Vigil	59.41	'96	4 Sarah Leonard	2:21.24	'97
5 Ali Blum	59.81	'05	5 Brittany Somers	2:22.10	'03
6 Heather Hue	59.9	'89	6 Rita Warren	2:23.00	'81
7 Ellen Vandergust	1:00.1	'77	7 Marisa Sandoval	2:23.73	'05
8 Courtney Armbruster	1:00.23	'95	8 A. Cartwright	2:23.8	'89
9t Angie Smith	1:00.5	'88	9 Stefanie Radzinski	2:24.2	'96
9t N. Crowley	1:00.5	'89	10 Magdalena Sandoval	2:24.24	'99
1600m			3200m		
1 Kristen Hemphill	5:08.18	'04	1 Kristen Hemphill	11:05.40	'03
2 Magdalena Sandoval	5:13.37	'99	2 Magdalena Sandoval	11:18.49	'00
3 Brittany Somers	5:16.42	'03	3 Rebecca Graf	11:25.69	'94
4 Anna Miller	5:16.92	'03	4 Heather Wood	11:28.93	'03
5 Marisa Sandoval	5:18.34	'04	5 Holly Walker	11:34.21	08
6 Leanne Martin	5:18.87	'87	6 Leanne Martin	11:36.2	'87
7 Claire Walker	5:20.23	'02	7 Anna Miller	11:36.79	'03
8 Heather Wood	5:21.13	'03	8 Brittany Somers	11:46.74	'03
9 Sarah Leonard	5:21.49	'99	9 Margaret Wood	11:47.51	08
10 Holly Walker	5:25.17	08	10 Marisa Sandoval	11:49.99	'03
Kristen Hemphill (Sea Level)	4:58.99	'03	Heather Wood (Sea Level)	11:06.50	'03
*Rita Warren (1500m)	4:54.81	'81	*Lynn Bjorklund (3000m)	9:08.00	'75
			300m hurdles		
			1 Jana Giesler	46.4	'91
			2 Amanda Trujillo	46.43	08
			3 Ruth Kratzer	46.59	'05
			4 Claire Walker	47.57	'02
			5 Jeanie Puro	47.84	'06
			6 Lauren Powell	47.94	'96
			7 Anne Pierce	48.00	'86
			8 Sharon Jones	48.3	'87
			9 Sarah Weeks	48.42	08
			10 Jessica Stokes	48.51	'07

100m hurdles				Discus			
1	Rosalyn Leitch	14.81	'05	1	Carol Cady	151'0"	'80
2	Christy Neuls	15.3	'92	2	Kristen Grace	135'9"	'95
3	Michelle Carter	15.48	'87	3	Mara Beverwyk	129'3"	'88
4	Diane Fritz	15.7	'88	4	Kira Johnson	119'11"	'03
5	Erin Hemphill	15.99	'02	5	Veronica Gonzales	114'4"	'02
6	Anne Pierce	16.1	'88	6	Erica Lewman	109'8"	'93
7	Jillian Erickson	16.21	'02	7	Cathy Anderson	108'0"	'93
8t	Jessica Stokes	16.30	'07	8	Chidister	107'11"	'91
8t	Kim Fritz	16.3	'87	9	Brittany Stokes	107'8"	'06
10	Mandy Metge	16.47	'95	10	Stephanie Gates	106'11"	'04
	*Jennifer Pate (30")	14.7	'82				
Long Jump				Shot Put			
1	Vicki Rojas	17'4"	'83	1	Mara Beverwyk	40'11"	'88
2	Andi Thode	17'3.5"	'91	2	Henninger	35'11.5"	'92
3	Rosalyn Leitch	17'2.75"	'03	3	Erika Coombs	35'2.5"	'04
4	Angie Smith	16'11"	'88	4	Kristen Grace	34'10.5"	'96
5	Christy Neuls	16'10.5"	'92	5	Ashley Reid	34'8"	'05
6	Diane Fritz	16'9.5"	'88	6	Taylor Ealey	34'7"	08
7	Emily Weeks	16'8"	08	7	Kira Johnson	33'7.75"	'03
8	Anna Thode	16'5"	'94	8	Abby Worland	33'7"	'06
9t	Ashley Reid	16'2.5"	'03	9	Kim Sanchez	33'5"	'95
9t	Jordan Schoonover	16'2.5"	'07	10	Marielle Remillard	33'3"	'04
9t	Mackenzie Wehner	16'2.5"	'04		Carol Cady (8#)	46'3"	'80
High Jump				Javelin			
1	Jana Giesler	5'10.5"	'91	1	Taylor Ealey	133'4"	08
2	Cindy Stewart	5'5"	'77	2	Alex Nichols	110'4"	08
3t	Claire Walker	5'4"	'02	3	Sydney Ryan	104'1"	'03
3t	Trujillo	5'4"	'91	4	Brittany Stokes	100'11"	'07
5	Jillian Erickson	5'3"	'01	5	Lindsey Springfield	97'1"	'06
6t	Josie Melvin	5'2"	'88	6	Leah Fellers	94'6"	'02
6t	Kristen Hemphill	5'2"	'05	7	Shelby Hiller	93'5"	08
8t	Shanna Carr	5'1"	'88	8	Stephanie Gates	92'5"	'03
8t	Angela Hoffman	5'1"	'96	9	Pilar Salazar	91'1"	'00
8t	Betsy Nichols	5'1"	'04	10	Abby Worland	88'9"	'05
Pole Vault				Triple Jump			
1	Carmen Hill	11'6" (SR)	'04	1	Christina Gonzales	36'2.5" (SR)	'00
2	Cheryl Miller	10'0"	'02	2	Rosalyn Leitch	35'5"	'05
3t	Eva Uribe	9'6"	'07	3	Brittany Stokes	34'2"	'06
3t	Megan Miller	9'6"	'03	4	Erin Hemphill	34'5"	'02
5	Catherine Chen	8'6"	08	5	Jordan Schoonover	34'3"	'07
6t	Jeannette Figg	8'0"	'05	6	Mackenzie Wehner	33'4.5"	'04
6t	Jayne Hardy	8'0"	'00	7	Marlena Greene	32'5.75"	08
8t	Ashley Reid	7'6"	'03	8	Emili Davidson	32'4.5"	'00
8t	Lorenza Bronkhorst	7'6"	'07	9	Ruth Kratzer	32'3.25"	'05
	Six tied at 7'0"	7'0"		10	Rebecca Boerigter	32'3"	'07

400m Relay				800m Relay			
1	P.Groves, J.Pate, C.Chavez, A.Trella	48.72	'81	1	L.Ladabour, P.Groves, J.Pate, A.Trella	1:43.03	'81
2	A.Smith, L.Buzbee, S.Tan, M.Carter	49.6	'87	2	A.Smith, S.Tan, A.Pierce, M.Carter	1:45.0	'87
3	K.Meier, P.Johnson, A.Reid, R.Leitch	49.87	'03	3	Cox, C.Armbruster, N.Byrd, L.Echave	1:46.2	'93
4	E. Weeks, L.Benage, T. Ealey, A. Trujillo	50.00	08	4	Cox, A.Thode, J.Giesler, L.Echave	1:46.6	'92
5	A.Thode, S.Tan, A.Pierce, A.Smith	50.16	'89	5	A.Smith, N.Crowley, A.Pierce, S.Tan	1:46.9	'88
6	A.Vigil, A.Jeffreys, N.Byrd, L.Echave	50.2	'94	6	C.Armbruster, A.Thode, N.Byrd, L.Ecave	1:47.1	'94
7	Neuls, Cox, L.Echave, J.Giesler	50.21	'92	7	A.Trujillo, A.Blum, J.Stokes, E.Weeks	1:47.15	'07
8	A.Trujillo, A.Blum, J. Stokes, E.Weeks	50.30	'07	8	C.Nuels, A.Thode, Roach, J.Giesler	1:47.7	'91
9	J.Puro, A.Reid, R.Kratzer, R.Leitch	50.31	'05	9	A.Thode, S.Tan, A.Pierce, A.Smith	1:47.8	'89
10	Cox, Byrd, A.Jeffreys, L.Echave	50.4	'93	10	K.Meier, L.Clendenen, K.Yates, P.Mills	1:48.16	'01
1600m Relay				1600m Medley Relay			
1	A.Vigil, C.Armbruster, S.Radzinski, L.Echave	4:02.63	'95	1	K.Meier, A.Reid, M.Sandoval, A.Miller	4:15.68	'03
2	A.Cartwright, S.Tan, H.Hue, N.Crowley	4:03.2	'89	2	R.Leitch, A.Reid, M.Sandoval, A.Miller	4:17.62	'04
3	A.Smith, S.Tan, H.Hue, N.Crowley	4:05.4	'88	3	J.Erickson, S.Sprinkle, L.Clendenen, C.Walker	4:20.01	'01
4	J.Puro, M.Sandoval, K.Hemphill, R.Kratzer	4:07.67	'05	4	A.Smith, A.Pierce, S.Jones, L.Martin	4:21.6	'87
5	Binning, J.Swanson, L.Echave, J.Giesler	4:08.2	'92	5	Trujillo, A.Thode, Binning, Steele	4:23.2	'92
6	L.Chastain, K.Hemphill, K.Meier, R.Kratzer	4:08.27	'03	6	A.Reid, A.Blum, M.Sandoval, K.Hemphill	4:23.41	'05
7	L.Powell, S.Radzinski, H.Radzinski, A.Vigil	4:08.44	'96	7	P.Mills, K.Meier, S.Sprinkle, M.Sandoval	4:24.48	'00
8	R.Kratzer, S.Wohletz, B.Somers, C.Walker	4:08.96	'02	8	J.Hoffman, A.Pierce, N.Crowley, A.Cartwright	4:24.9	'88
9	L.Chastain, M.Sandoval, K.Hemphill, R.Kratzer	4:09.63	'04	9	E. Weeks, L. Benage, C. Charsley-Groffman, M. Wood	4:25.40	08
10	J.Puro, A.Trujillo, J.Stokes, A.Blum	4:09.64	'06	10	K.Meier, R.Leitch, R.Kratzer, C.Walker	4:27.18	'02