

TOP TEN in Albuquerque Girls Track & Field

As of April 28, 2007

400 RELAY

1. Manzano	49.28
2. Highland	49.83
3. Cibola	49.97
4. La Cueva	50.25
5. St. Pius	50.37
6. Del Norte	51.18
7. Academy	51.22
8. Hope	51.37
9. Sandia	51.52
10. Eldorado	51.77

800 RELAY

1. La Cueva	1:46.39
2. Manzano	1:46.76
3. Cibola	1:46.85
4. Academy	1:47.28
5. Eldorado	1:47.65
6. Highland	1:48.25
7. Sandia	1:50.10
8. Albuquerque	1:51.87
9. Hope	1:52.24
10. Valley	1:55.03

1600 MEDLEY

1. Academy	4:15.60
2. La Cueva	4:17.63
3. Valley	4:22.32
4. Eldorado	4:25.28
5. Albuquerque	4:26.27
6. St. Pius	4:31.36
7. Manzano	4:38.13
8. Hope Christian	4:39.27
9. Sandia Prep	4:39.79
10. Sandia	4:39.86

1600 RELAY

1. La Cueva	4:04.69
2. Cibola	4:08.56
3. Manzano	4:09.82
4. Eldorado	4:09.98
5. St. Pius	4:11.53
6. Sandia	4:12.85
7. Academy	4:13.40
8. Valley	4:17.94
9. Del Norte	4:23.82
10. Hope Christian	4:24.02

100 METERS

1. Isis Wilson	Manzano	11.86
2. Jazmine Ralph	Del Norte	12.00
3. Hawa Konte	Eldorado	12.11
4. Monquisha Coleman	Manzano	12.13
5. Asal Salepoor	La Cueva	12.29
6. Liz Wolfe	St. Pius	12.33
7. Jasmine Steen	Highland	12.35
8. Jennifer Tate	Cibola	12.44
9. Justine Tydings	Valley	12.46
10. Rachel Kelcher	St. Pius	12.52

200 METERS

1. Isis Wilson	Manzano	24.75
2. Jasmine Steen	Highland	25.41
3. Jazmine Ralph	Del Norte	25.44
4. Hawa Konte	Eldorado	25.76
5. Monquisha Coleman	Manzano	25.84
6. Lyndsay Harper	Academy	26.07
7. Jennifer Tate	Cibola	26.31
Aurora Torres	St. Pius	26.31
9. Kristy Hannah	Eldorado	26.37
10. Liz Wolfe	St. Pius	26.40

400 METERS

1. Alex Darling	La Cueva	58.46
2. Julie Brasher	Eldorado	59.01
3. Kristy Hannah	Eldorado	59.24
4. Lyndsay Harper	Academy	59.25
5. Sofie Schunk	La Cueva	59.99
6. Jennifer Perry	Academy	60.00
7. Danielle Gutierrez	Cibola	60.09
8. Lauren Reilly	La Cueva	60.15
9. Aurora Torres	St. Pius	60.16
10. Amanda Armendariz	Hope Christian	60.47

800 METERS

1. Lyndsay Harper	Academy	2:16.98
2. Julie Brasher	Eldorado	2:19.10
3. Alex Darling	La Cueva	2:20.39
4. Paige Throckmorton	Academy	2:22.40
5. Elba Holguin	Valley	2:23.00
6. Julia Foster	Academy	2:23.31
7. Jessica Knewitz	La Cueva	2:24.65
8. Amanda Throckmorton	Academy	2:24.70
9. Ellie Joles	Academy	2:25.31
10. Favi Valdez	Eldorado	2:25.90

1600 METERS

1. Lyndsay Harper	Academy	5:15.78
2. Elba Holguin	Valley	5:15.91
3. Paige Throckmorton	Academy	5:16.18
4. Rachel Velarde	Eldorado	5:19.68
5. Erin Weeda	Albuquerque	5:20.93
6. Julia Foster	Academy	5:22.07
7. Amanda Throckmorton	Academy	5:22.82
8. Laura Lavezo	La Cueva	5:25.62
9. Bronwyn Bedrick	Sandia Prep	5:33.19
10. Ellie Joles	Academy	5:35.38

3200 METERS

1. Rachel Velarde	Eldorado	11:29.69
2. Laura Lavezo	La Cueva	11:44.04
3. Erin Weeda	Albuquerque	11:47.55
4. Elba Holguin	Valley	11:50.92
5. Lani Valverde	Eldorado	12:10.47
6. Clara Milne	Academy	12:19.00
7. Julia Foster	Academy	12:19.20
8. Tessa Turcotte	St. Pius	12:23.94
9. Crystal Freeman	La Cueva	12:32.50
10. Callie Osborn	Sandia	12:37.79

100 HURDLES

1. Alex Darling	La Cueva	14.79
2. Christine Ostler	La Cueva	15.24
3. Tori French	Cibola	15.40
4. Jennifer Clark	Manzano	15.50
5. Kiarah Rahman	Highland	15.55
6. Jade McLaughlin	Eldorado	16.00
7. Kim Vandergeest	Eldorado	16.03
8. Amy Buffett	La Cueva	16.32
9. Alexandra Lange	Del Norte	16.72
10. Amber Menke	Cibola	17.13

300 HURDLES

1. Alex Darling	La Cueva	43.15
2. Lauren Riley	La Cueva	47.88
3. Christine Ostler	La Cueva	48.03
4. Amy Buffett	La Cueva	48.12
5. Kiarah Rahman	Highland	49.09
6. Stepha Herrera	Hope Christian	49.55
7. Keva Gesham	Highland	49.57
8. Kiarah Rahman	Highland	49.63
9. Carson Wills	Academy	49.69
10. Alexandra Lange	Del Norte	49.81

DISCUS

1. Shayla Flores	Cibola	113'3"
2. Asal Salehpoor	La Cueva	110'10"
3. Madeleine Watson	Academy	103'0"
4. Mykel Kirkpatrick	Eldorado	102'2"
5. Traci Wildenstein	Eldorado	101'0"
6. Rebekah Pfieler	Valley	97'4"
7. Michelle Tenorio	La Cueva	93'3"
8. Megan Britten	Eldorado	93'1"
9. Miriam Rathmer	Valley	92'1"
10. Desiree Smoot	Cibola	90'5"

SHOT PUT

1. Shayla Flores	Cibola	36'4 1/2"
2. Madison Bean	Valley	35'11"
3. Asal Salehpoor	La Cueva	35'1 3/4"
4. Mykel Kirkpatrick	Eldorado	34'6"
5. Madeleine Watson	Academy	33'9 1/4"
6. Michelle Tenorio	La Cueva	32'9"
7. Amber Menke	Cibola	31'5 1/2"
8. Kasey Garner	La Cueva	31'3 1/2"
9. Melissa Slim	Eldorado	30'8 3/4"
10. Alex Membreno	St. Pius	30'5 1/2"

POLE VAULT

1. Lauren Jaramillo	Manzano	9'6"
2. Megan Economedes	La Cueva	9'3"
Michaela Ross	La Cueva	9'3"
4. Mara Buerkle	Cibola	8'9"
Heather Curren	Cibola	8'9"
Tyler Sovereign	Highland	8'9"
7. Laura Fitch	La Cueva	8'3"
Brittany Falconer	Eldorado	8'3"
8. Katie Biernacki	Academy	7'9"
9. Kim Vandergeest	Eldorado	7'6"
Samantha Bapty	La Cueva	7'6"

HIGH JUMP

1. Lindsey Shepard	Academy	5'5"
2. Emily Burgoine	St. Pius	5'2"
3. Kim Vandergeest	Eldorado	5'1"
Amy Buffett	La Cueva	5'1"
Jordan McGee	Eldorado	5'1"
6. Amy Rohr	Cibola	4'11"
7. Stepha Herrera	Hope Christian	4'10"
Megan Baldonado	Manzano	4'10"
Carolyn Weed	La Cueva	4'10"

TRIPLE JUMP

1. Asal Salehpoor	La Cueva	37'9"
2. Amber Menke	Cibola	34'9"
3. Caitlyn Reichlin	La Cueva	34'6"
4. Kim Vandergeest	Eldorado	33'8 1/2"
5. Lindsey Sparks	Del Norte	33'8"
6. Kelly Speers	Cibola	33'4"
7. Lauren Eberly	Academy	33'3"
8. Lisa Garcia	Albuquerque	32'10 1/2"
9. Jordan McGee	Eldorado	32'9"
10. Jennifer Tate	Cibola	32'6 1/2"

LONG JUMP

1. Alex Darling	La Cueva	17'11 1/4"
2. Monquisha Coleman	Manzano	17'6 1/4"
3. Asal Salehpoor	La Cueva	17'4 1/4"
4. Amber Menke	Cibola	16'10 1/2"
5. Lisa Geddie	Sandia	16'9 1/2"
6. Caitlyn Reichlin	La Cueva	16'8 3/4"
7. Hawa Konte	Eldorado	16'4 1/2"
8. Rayana Johnson	Highland	16' 1/4"
9. Kelly Speer	Cibola	16'0"
10. Bailey Bennett	Eldorado	15'10"

JAVELIN

1. Shayla Flores	Cibola	123'5"
2. Carolyn Kurtz	St. Pius	121'1"
3. Monique Montoya	Valley	117'2 1/2"
4. Alex Membreno	St. Pius	115'8"
5. Christina Faris	Eldorado	113'9"
6. Katrina Powdrell	Highland	109'0"
7. Carolyn Weed	La Cueva	101'0"
8. Suleimy Figueroa	Highland	100'6"
9. Desiree Smoot	Cibola	100'3"
10. Paula Leos	Sandia	99'8"

Times and Marks will be submitted to the Albuquerque Journal and Albuquerque Tribune
 Top Ten List compiled by John Flores, Doug Dorame and Sheryl Clemmer (April 28, 2007)

